



Personal Development Curriculum 2020-21

Week	Week Beginning	Assembly/PSHCE focus	RSHE/RE focus Year 7	RSHE/RE focus Year 8	RSHE/RE focus Year 9	RSHE/RE focus Year 10	RSHE/RE focus Year 11
1	3rd September						
2	6th September	Welcome back, Academy vision and expectations				Relationships – the good, the bad and the difficult	Healthy Relationships
3	13th September	Afghanistan and refuge awareness	How can friendships change over time?	How can I be assertive?	Healthy and Unhealthy relationships	Relationships – Pressures and Expectations	The facts on reproductive health – fertility
4	20th September	Climate Change COP26 conference	Why are friends important?	How can I develop communication skills?	Healthy and Unhealthy relationships	Contraception	The facts on reproductive health – menopause
5	27th September	Climate Change COP26 conference	What is bullying?	How can we develop and maintain healthy family relationships?	How can Alcohol and drug use lead to risky sexual behaviour?	Parenthood	The facts on pregnancy (1)
6	4th October	Black History Month	What is the responsibility of bystanders?	Is commitment in relationships important?	Contraception Choices	Marriage	The facts on pregnancy (2)
7	11th October	Careers Education	How can I stay safe online (1)	What are the laws relating to FGM?	Sexually Transmitted Infection	Careers Education	Careers Education
8	18th October	Careers Education	How can I stay online (2)	What are the laws relating to forced marriage and honour based violence?	Peer pressure	Careers Education	Careers Education
OCTOBER HALF TERM							
9	1st November	Political Literacy Day/Parliament Week	What is Judaism?	What is Judaism?	What is the synagogue	Choices – physical health	Risky Behaviour – alcohol and drugs
10	8th November	Remembrance Day	How did Judiasm begin?	How did Judiasm begin?	Why do Jews Pray	Choices – nutrition	Addiction
11	15th November	Anti-Bullying Week	the temple	the temple	What is the Shabbat	Choices – sleep	Prescribed drugs
12	22nd November	Road Safety	the Messiah	the Messiah	Jewish fesitvals	Risk and Safety	Self examination and screening
13	29th November	International Day of people with disabilities	What are the Tanakh and Talmud?	What are the Tanakh and Talmud?	Birth, Bar/Bat Mitzvah	Virtual Work experience	Virtual Work experience
14	6th December	Careers Education	What are the mitzvot?	What are the mitzvot?	Marriage and mourning	Virtual Work experience	Virtual Work experience
15	13th December	Careers Education	How can I ensure I have good personal hygiene?	Smoking	What is emotional wellbeing and mental health?	Virtual Work experience	Virtual Work experience
CHRISTMAS HOLIDAYS							
16	3rd January (term starts 6th)	Academy vision and expectations	How can the spread of germs be prevented?	First aid (1)	How can I support my emotional wellbeing?	Online Relationships	Contraception choices
17	10th January	Anti-discrimination/Human Rights Day	What changes happen during puberty (1)	First aid (2)	How do I cope with loss and bereavement?	Sharing information online	Sexual violence and harassment
18	17th January	Equality	What changes happen during Puberty (2)	First aid (3)	How can I manage stress?	Cyber Bullying	Criminal behaviour within relationships
19	24th January	Radicalisation and extremism/Holocaust Memorial Day	Menstrual hygiene	First aid (4)	Healthy lifestyle and mental wellbeing	Violence and exploitation	Seeking Advice
20	31st January	Careers Education	What are the key facts surrounding immunisation?	First Aid – review and reflection	Alcohol – first aid at a party	Careers Education	Careers Education
21	7th February	Careers Education	What is Christianity?	What is Christianity?	the reformation and the salvation army	Careers Education	Careers Education
FEBRUARY HALF TERM							
22	21st February	Exploitation and county lines	How did Christianity begin?	How did Christianity begin?	quakers and the Amish	The law and drugs	Body Image
23	28th February	World Book Day/National Careers Week	What was the early church like?	What was the early church like?	what is the bible?	Online consumers (1)	Online Gambling and addition
24	7th March	International Women's Day	Constantine and the council of Nicea	Constantine and the council of Nicea	is Britain a Christian country	Online consumers (2)	Mental wellbeing and managing stress and pressure
25	14th March	Neurodiversity Celebration Week	The great schism	The great schism	Prayer nad publicity	Mental Wellbeing	Seeking advice – mental wellbeing
26	21st March	Careers Education	the role of the pope	the role of the pope	should women lead the church?	Careers Education	Careers Education
27	28th March	Careers Education	What are the different types of relationships?	What do we mean by gender identity?	Online behaviour – pornography	Careers Education	Careers Education
EASTER HOLIDAYS							
28	18th April (term starts 19th)	World Earth Day: 'Restore Our Earth'	What is a healthy friendship?	What is a stereotype?	Online behaviour – Sexting	Study Skills	Study Skills
29	25th April	Social media	The impact of the media on relationships?	Hate crime and radicalisation	Online behaviour – Harassment and bullying	Study Skills	Study Skills
30	2nd May	Religious festivals	Why is sleep important?	Is everything online really as it seems?	Exercise and well being	Study Skills	Study Skills
31	9th May	Hate Crime – Homophobia, transgender and racism	What do we need to keep healthy? (1)	Can you be addicted to social media?	Sleep	Study Skills	Study Skills
32	16th May	Careers Education	What do we need to keep healthy? (2)	What is the link between body image and the online world?	Healthy lifestyle and diet – energy drinks	Careers Education	Careers Education
33	23rd May	Careers Education	What is Islam?	What is Islam?	What are Islamic beliefs about God?	Careers Education	Careers Education
MAY HALF TERM							
34	6th June	Climate change and World Ocean Day	how did Islam begin	how did Islam begin	Who are the prophets of Islam	Study Skills	Study Skills
35	13th June	Refugee awareness	how did Islam begin	how did Islam begin	What are Islamic beliefs about the afterlife?	Study Skills	Study Skills
36	20th June	Pride week	The influence of Islams	The influence of Islams	the five pillars	Study Skills	Study Skills
37	27th June	Gispy, Roma and Traveller History Week	Why did Islam split?	Why did Islam split?	Prayer and the Mosque	Study Skills	Study Skills
38	4th July	Focus in Industry talks	What is the Quran?	What is the Quran?	Ramadan and Eid	Study Skills	Study Skills
39	11th July	Focus in Industry talks	formative assessment	formative assessment	Careers Education	Careers Education	Careers Education
40	18th July	review and celebration assemblies	Careers Education	Careers Education	Careers Education	Careers Education	Careers Education
SUMMER HOLIDAYS							



Personal Development Curriculum 2021 - 2022

Week	Week Beginning	Assembly/PSHCE focus	RSHE/RE focus Year 7	RSHE/RE focus Year 8	RSHE/RE focus Year 9	RSHE/RE focus Year 10	RSHE/RE focus Year 11
1	3rd September						
2	6th September	Welcome back, Academy vision and expectations				Relationships – the good, the bad and the difficult	Healthy Relationships
3	13th September	Behaviour and standards assembly	How can friendships change over time?	How can I be assertive?	Healthy and Unhealthy relationships	Relationships – Pressures and Expectations	The facts on reproductive health – fertility
4	20th September	The events in Afghanistan	Why are friends important?	How can I develop communication skills?	Healthy and Unhealthy relationships	Contraeption	The facts on reproductive health – menopause
5	27th September	Climate Change COP26 conference	What is bullying?	How can we develop and maintain healthy family	How can Alcohol and drug use lead to risky sexual	Parenthood	The facts on pregnancy (1)
6	4th October	Black History Month	What is the responsibility of bystanders?	Is commitment in relationships important?	Contraception Choices	Marriage	The facts on pregnancy (2)
7	11th October	Careers Education	How can I stay safe online (1)	What are the laws relating to FGM?	Sexually Transmitted Infection	Careers Education	Careers Education
8	18th October	Careers Education	How can I stay online (2)	What are the laws relating to forced marriage and honour	Peer pressure	Careers Education	Careers Education
OCTOBER HALF TERM							
9	1st November	Political Literacy Day/Parliament Week	What is Judaism?	What is Judaism?	What is the synagogue	Choices – physical health	Risky Behaviour – alcohol and drugs
10	8th November	Remembrance Day	How did Judiasm begin?	How did Judiasm begin?	Why do Jews Pray	Choices – nutrition	Addiction
11	15th November	Anti-Bullying Week	the temple	the temple	What is the Shabbat	Choices – sleep	Prescribed drugs
12	22nd November	Road Safety	the Messiah	the Messiah	Jewish fesitvals	Risk and Safety	Self examination and screening
13	29th November	International Day of people with disabilities	What are the Tanakh and Talmud?	What are the Tanakh and Talmud?	Birth, Bar/Bat Mitzvah	Virtual Work experience	Virtual Work experience
14	6th December	Careers Education	What are the mitzvot?	What are the mitzvot?	Marriage and mourning	Virtual Work experience	Virtual Work experience
15	13th December	Careers Education	How can I ensure I have good personal hygiene?	Smoking	What is emotional wellbeing and mental health?	Virtual Work experience	Virtual Work experience
CHRISTMAS HOLIDAYS							
16	6th January (term starts 6th)	Academy vision and expectations	How can the spread of germs be prevented?	First aid (1)	How can I support my emotional wellbeing?	Online Relationships	Contraception choices
17	10th January	Anti-discrimination/Human Rights Day	What changes happen during puberty (1)	First aid (2)	How do I cope with loss and bereavement?	Sharing information online	Sexual violence and harassment
18	17th January	Equality	What changes happen during Puberty (2)	First aid (3)	How can I manage stress?	Cyber Bullying	Criminal behaviour within relationships
19	24th January	Radicalisation and extremism/Holocaust	Menstrual hygiene	First aid (4)	Healthy lifestyle and mental wellbeing	Violence and exploitation	Seeking Advice
20	31st January	Careers Education	What are the key facts surrounding immunisation?	First Aid – review and reflection	Alcohol – first aid at a party	Careers Education	Careers Education
21	7th February	Careers Education	What is Christianity?	What is Christianity?	the reformation and the salvation army	Careers Education	Careers Education
FEBRUARY HALF TERM							
22	21st February	Exploitation and county lines	How did Christianity begin?	How did Christianity begin?	quakers and the Amish	The law and drugs	Body Image
23	28th February	World Book Day/National Careers Week	What was the early church like?	What was the early church like?	what is the bible?	Online consumers (1)	Online Gambling and addition

24	7th March	International Women's Day	Constantine and the council of Nicea	Constantine and the council of Nicea	is Britain a Christian country	Online consumers (2)	Mental wellbeing and managing stress and
25	14th March	Neurodiversity Celebration Week	The great schism	The great schism	Prayer nad publicity	Mental Wellbeing	Seeking advice – mental wellbeing
26	21st March	Careers Education	the role of the pope	the role of the pope	should women lead the church?	Careers Education	Careers Education
27	28th March	Careers Education	What are the different types of relationships?	What do we mean by gender identity?	Online behaviour – pornography	Careers Education	Careers Education
EASTER HOLIDAYS							
28	18th April (term starts 19th)	World Earth Day: 'Restore Our Earth'	What is a healthy friendship?	What is a stereotype?	Online behaviour – Sexting	Study Skills	Study Skills
29	25th April	Social media	The impact of the media on relationships?	Hate crime and radicalisation	Online behaviour – Harassment and bullying	Study Skills	Study Skills
30	2nd May	Religious festivals	Why is sleep important?	Is everything online really as it seems?	Exercise and well being	Study Skills	Study Skills
31	9th May	Hate Crime – Homophobia, transgender and racism	What do we need to keep healthy? (1)	Can you be addicted to social media?	Sleep	Study Skills	Study Skills
32	16th May	Careers Education	What do we need to keep healthy? (2)	What is the link between body image and the online	Healthy lifestyle and diet – energy drinks	Careers Education	Careers Education
33	23rd May	Careers Education	What is Islam?	What is Islam?	What are Islamic beiliefs about God?	Careers Education	Careers Education
MAY HALF TERM							
34	6th June	Climate change and World Ocean Day	how did Islam begin	how did Islam begin	Who are the prophets of Islam	Study Skills	Study Skills
35	13th June	Refugee awareness	how did Islam begin	how did Islam begin	re Islamic beliefs about the af	Study Skills	Study Skills
36	20th June	Pride week	The influence of Islams	The influence of Islams	the five pillars	Study Skills	Study Skills
37	27th June	Gispy, Roma and Traveller History Week	Why did Islam split?	Why did Islam split?	Prayer and the Mosque	Study Skills	Study Skills
38	4th July	Focus in Industry talks	What is the Quran?	What is the Quran?	Ramadan and Eid	Study Skills	Study Skills
39	11th July	Focus in Industry talks	formative assessment	formative assessment	Careers Education	Careers Education	Careers Education
40	18th July	review and celebration assemblies	Careers Education	Careers Education	Careers Education	Careers Education	Careers Education
SUMMER HOLIDAYS							



2021-22 dates

*World Suicide Prevention Day: 10th
Sep*
Sexual Health Week: 14th-20th Sep
Jeans for Genes Day: 14th-20th Sep
*European Day of Languages: 26th
Sep*
Black History Month begins: October
Yom Kippur: 27th-28th Sep
*Biology Week 2020: 3rd-11th
October*

Remembrance Day: 11th Nov
Diwali: 12th-16th Nov
*Global Entrepreneurship Week: 16th-
22nd Nov*

St Andrew's Day: 30th November

Human Rights Day 10th December

Martin Luther King Day 20th January

*Holocaust Remembrance Day: 27th
Jan*

Time to Talk Day: 6th February

Safer Internet Day: 9th February

St David's Day: 1st March

World Book Day: 4th March

*International Women's Day: 8th
March*

*International Day of Remembrance
of the Victims of Slavery*

St George's Day: 23rd April

*Mental Health Awareness Week:
13th-20th May*

*International Day Against
Homophobia and Transphobia*